

LEADERSHIP

York



NEWSLETTER
SPRING 19



Peter Ruth

President of the Board

2018 has been quite the year. Even before I had the privilege of taking over the Presidency of this tremendous organization, many exciting things were already in motion to position Leadership York at the helm of servant leadership in York County. In addition to continuing and enhancing our core programs, the organization is answering the call to address diversity and inclusion in volunteer leadership across the county, as well as keeping our nearly 4,000 alumni engaged with new and refreshed programming. To stay up-to-date on all of the new developments, be sure to follow us on social media.

Through the tireless efforts of our Executive Director, Wilda Alessi, and her wonderful staff, we've filled programs not just with participants but with relevant and thought-provoking content. Similarly, we've provided customized training and technical assistance by way of Board Development to almost one dozen organizations. On a Board level, I'm always encouraged (but never surprised) by how our Board of Directors give of their time so selflessly to the organization and all the programs it offers.

As we reflect on 2018, I am excited for 2019 and all it has to offer. If you are interested in learning more about the programs and benefits Leadership York offers, or looking for a meaningful way to give back to the community, please contact a member of the Board or staff for more information. I look forward to working with you to train, connect, and inspire the current and future generations of York County's servant leaders!

Conversation with an **OUTSTANDING ALUMNUS**

In January, we caught up with a former Alumnus of the Year Award recipient Elizabeth Dellinger (Liz) to hear what drives her passion for giving back to the community.

Liz's love of volunteering and mentoring started at a young age, thanks to her parents, Donald and Jane Dellinger, who she says are her greatest role models and set the philanthropic bar very high.

Throughout her career in the banking industry, Liz has surrounded herself with many positive influences, including her previous boss, Bob Pullo, the former President of York Federal Savings & Loan (now Santander). She is also continually inspired by Founder & former CEO of York Traditions Bank (YTB), Michael E. Kochenour, now Chairman of the Board, Gene Draganosky, YTB President as well as former colleague, Carolyn Schaefer, former Managing Director of Wealth Management at YTB.

Despite growing up in York, Liz says she learned a lot about the area during the Leadership Training Program (LTP 98). Not only did her time in LTP contribute to her broadening perspective of the needs in our community, but it also helped her make lifelong friends.

Since graduating, Liz has remained engaged with Leadership York, both as a board and committee member. Her previous involvement with local nonprofits includes the York Jaycees and The Girl Scouts in the Heart of PA, where she is currently the co-leader of her daughter's troop. She is most passionate about mentoring and uplifting young women to be productive members of their community.

Just as her parents were role models for her, there are now many young women and men who have been inspired by Liz to raise their own bar of giving back.

We are extremely proud to have alumni like Liz Dellinger who are #LeadingTheWay to a better and more prosperous York County, and we are grateful for her continued support!



Liz Dellinger

2011 Alumnus of the Year

SPARK!*Wednesday, Jun 26 @ 5:30 PM*The word "Spark" is written in a blue, cursive font. A green starburst graphic is positioned above the letter "a". The entire logo is enclosed within a circular frame that has a thick black border and a light grey interior.

To say Leadership York had a busy year would be quite an understatement! We not only reached many milestones, we also had a lot to celebrate with the festivities surrounding our 40th anniversary bash!

Thanks to our generous supporters last year Leadership York raised a grand total of \$20,539.

But we aren't done yet!

This year, we are excited to **celebrate 30 years of the Future Leaders of York** program (FLY). Our FLY alumni include some of York's community leaders like Meagan Given, Executive Director of White Rose Leadership Institute. Meagan's role in bringing Give Local to our area on May 4, 2018 resulted in a historic day of giving as **local nonprofits collectively raised over 1.4 MILLION dollars for their organizations.**

In the last 30 years, FLY has impacted the lives of 1,021 students from 21 local high schools.

Through our program, these young civic-minded sophomores and juniors have learned how to become more engaged in their community, and upon graduating, they are equipped with valuable knowledge and skills to help improve their schools and communities.

In 2019, you'll hear stories from some of these exceptional students as we highlight their success stories on our social media pages and in our newsletters.

Please join us on June 26, 2019 at the new 1741 Club, York Revolution Stadium, 5 Brooks Robinson Way to celebrate 30 years of FLY and to find out how much we raised at this year's Give Local event!

Thank you for helping us #LeadTheWay!

**GIVE LOCAL YORK***Friday, May 3rd, Midnight - 11:59 PM*

Program recruitment season is here for Leadership York! Our programs aim to meet volunteer leaders at their unique experience level and leadership goals. This spring, applications are being accepted for the Leadership Training Program (LTP), Mentorship York (MY), Leadership for Diverse Schools (LDS) and Future Leaders of York (FLY).

To learn more about which program is the right fit for you, visit Leadership York's website, leadershiptyork.org, or contact a staff member.



Leadership Training Program

Consider this nine-month experiential course if you want to learn about York County, get more involved in the community, and begin to make a difference right away. Our flagship program fosters connections between classmates, the nonprofit community, and the private sector.

Mentorship York

This year-long program accelerates successful leaders to step up to significant community impact through servant leadership and connections. Talk with other Mentorship York alumni about their experience with the program before applying to this program to best understand the impact.



Leadership for Diverse Schools

Consider this nine-month experiential course if you are in the K-12 education system and are looking to build culturally proficient communities within your district. Throughout the program, you will build a mindset to shift the culture and be the change agent at your school and in the community.



Future Leaders of York

If you will be a sophomore or junior in high school next academic year, speak to your school counselor or administrator about this program, which helps you learn to become lifelong, responsible and active participant in your school and community.





Kaitlyn Arrow

Future Leaders of York Alumnus

We recently sat down with Future Leaders of York alumnus, Kaitlyn Arrow, and learned how she has been making a difference in the community since her time with FLY. Kaitlyn is currently a senior at Central York H.S. and plans to attend Eastern University to major in Social Work and Missiology.

From fourth to eighth grade, Kaitlyn struggled with depression, and during her eighth-grade year, attempted suicide. After visiting several hospitals and with the support from caring doctors, teachers, family, and friends, Kaitlyn was able to understand how to cope and manage her depression. She discovered that other people struggling with mental health issues aren't always as fortunate as she was, so she decided to make it her priority in life to raise mental health awareness, and FLY helped her accomplish that.

During her participation in the FLY Community Networking session, Kaitlyn connected with Heather Hallman, who previously worked in the Food and Nutrition Program, of the PA Department of Human Resources. Heather introduced her to Mark Durgin, of the PA System of Care State Leadership Management Team, in PA Office of Mental Health and Substance Abuse. Through this connection, Kaitlyn was accepted to become a Youth Partner on the board where she could help make important decisions on Pennsylvania's youth regarding mental health. Kaitlyn also became a Youth Partner for the York County System of Care board on a county level.

Kaitlyn met with Dr. David Volkman and Mr. Nick Slotterback from the Pennsylvania Department of Education to help implement mental health topics into the state's public school health curriculum. Also, since her meeting, the Department of Education has hired a Mental Health and Opioid specialist to oversee all of the decisions made by the department.

In addition to her Youth Partner board positions, she has joined Aevium and The Silence Ends Here, organizations that advocate for mental health awareness. Kaitlyn has been able to create new initiatives like a Suicide Prevention Week and the first ever York County Mental Health Fair and 5K. She has also evaluated and selected grant proposals for a new youth mobile rehab center for the county, as well as shared her story on the Pennsylvania state website to help promote mental health awareness.

Kaitlyn's advice to current and future FLY students: "Don't be afraid to ask questions about something you don't know and find something you are passionate about and go for it!"

"I have loved serving on the Leadership York Board and have learned so much. There is no doubt that both the FLY program and LDS have had my heart, but absolutely everything that LY does is stellar, and York can be both thankful and proud of its efforts."

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Ben Chiaro Board of Directors 2013-2019, Past President

"I believe the impact LY has on the York community is so critical now and for the future. I have personally benefitted in such a huge way from my own program experience, and I have enjoyed contributing to the development of the next generation of leaders and ensuring that LY continues to be as impactful as possible. This has been a life-changing experience!"

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Kay Kuhn Board of Directors 2004-2012 & 2016-2019

"My LY experience helped me serve in several leadership positions with the Junior League, as well as service on Committees with United Way, Downtown York, and others!"

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Josh Carney Board of Directors 2013-2019, Past President

"Leadership York programs have been critical stages in my personal and professional growth and serving on the Board was an honor that I will never forget. I am so thankful to all of those who mentored and helped me grow as a Board member and person."



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LEADERSHIP

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York

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MEMBER LETTER
LETTER
2019

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